

Small Sided Games at Burwood Football Club in 2010

Who is playing Small Sided Games (SSGs)?

Children will play SSGs this season if they are 5, 6 or 7 years old on 31 December 2010.

Teams

- There will be no fixed teams.
- Children will be organised into "*houses*" which will each have enough children to make up two teams on match day.
- On match days children will likely move between teams within their *house* to assist matching of ability and physical development.
- *Houses* will play against each other on a round robin basis.

Training

- All the children of a particular *house* will train together.
- Training is on Tuesday, Wednesday or Thursday, 5pm-6pm at Blair Park.
- Your *house's* training night will be advised on **7 March** at Blair Park (details to be provided)
- Parents are required to remain at training with the children.

Coaching

- Volunteer coaches are required & will be assigned to the same *house* as their child.
- Coach training will be available early in the season.
- Parents will be expected to assist their coach during training, if asked.
- The primary responsibility for coaches will be training. On match day their role is rotating the substitutes to ensure even game time for the players.

Match day

- All *house* teams will be four a side with no goalkeeper.
- On match day, a stronger and weaker team from each *house* will be selected by the coach to play the equivalent teams from the other *house*. This is to ensure that all players have the opportunity to get the ball.
- Coaches should try to ensure games between *houses* are evenly matched and should provide players to the other house if there is a significant imbalance.
- All matches will be at Centenary, kick offs will be at the same time each week:
 - 9:00am for under 6s
 - 10.00am for under 7s
- *Houses* will assemble approximately 15 minutes before their designated kick off to be assigned to their teams for the match day It is planned that match day information will be on the Club website at: www.burwoodfc.com.au
- Football boots are recommended however strong sports shoes will be acceptable. Shin pads are compulsory.

Games against other clubs

- Once the teams have settled in and have played a number of intra-club rounds we will arrange games with other clubs from June.